



MATERNAL MENTAL HEALTH AT A GLANCE




63,000 births
per year



12,600 families
impacted by MMH conditions

\$302 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



11% postpartum depression rate¹

39% births covered by Medicaid²

22 deaths per 100,000 births³
maternal mortality rate

1 CDC PRAMS

2 March of Dimes

3 CDC Wonder Online Database

STATEWIDE EFFORTS

✓	Coalition/Task Force	Maternal Mental Health Collaborative + Framework
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Colorado Maternal Mortality Review Committee
✓	Perinatal Quality Collaborative	Colorado Perinatal Care Quality Collaborative (CPCQC)
✓	Psychiatry Access Program	PROMISE Perinatal Mood Disorders Clinic (Univ. of Colorado/Aurora)
✓	Postpartum Support International Chapter	PSI Colorado website Jen Harned Adams, 303-325-1633, jenniferharnedadams@me.com
✓	Proclamation or Resolution	SJR 17-037 Designates the first week of May as "National Maternal Mental Health Awareness Week."
✓	State Legislation or Policy x Requires screening x Requires education	HB1269 – Behavioral Health Care Coverage Modernization Act HB1193 – Behavioral Health Support for High-Risk Families HB1122 – Maternal Mortality Prevention Act
✓	Other	Public Awareness Campaign Toolkit Special Connections – Provides services to women with alcohol or substance use disorders during pregnancy and year following birth. Report: Societal Costs of Untreated of Perinatal Mood and Anxiety Disorders in Colorado

TREATMENT PROGRAMS

Colorado University Department of Psychiatry's Women's Behavioral Health & Wellness Program (Aurora). Provides comprehensive consultation, prevention, and treatment services including support groups, therapy, and medication management.

Health One Behavioral Health and Wellness Center (Aurora). Offers dedicated women's behavioral health unit, including Intensive Outpatient Program and Partial Hospitalization Program.

Children's Hospital Colorado, Healthy Expectations Perinatal Mental Health (Aurora). Offers dedicated women's behavioral health unit, including Intensive Outpatient Program and Partial Hospitalization Program.

COMMUNITY RESOURCES

Community Reach Center
(various locations). Provides outpatient therapy

Motherwise Program (Denver). Offers programs and workshops for pregnant women and new mothers.

Postpartum Wellness Center (Boulder). Provides reproductive psychiatry, psychotherapy, naturopathic medicine, and infant/child sleep support.

RESEARCH PROGRAMS

University of Colorado, Center for Women's Behavioral Health and Wellness (Aurora). Conducts research across the lifespan.