

FACT SHEET

Trainings In Maternal Mental Health



Introductory Trainings for Frontline Providers

Ideal for Obstetric, Midwifery, Pediatric, Family Physicians, Nurses, & Staff



The How and Why of Screening
45-minute video / FREE / [LEARN MORE](#)



Maternal Mental Health
60-minute video / FREE / [LEARN MORE](#)



Monthly Provider Seminars
60-minute webinars / FREE / [LEARN MORE](#)



Perinatal Mental Health for Frontline Providers
On-demand or live webinar / \$250 / [LEARN MORE](#)
On-site option also available



Screening for Perinatal Emotional Distress
30-minute video / FREE / [LEARN MORE](#)

Maternal Mental Health 101

FREE 90-minute introductory webinar

[LEARN MORE](#)

Provided by 2020 Mom and Postpartum Support International

These organizations provide periodic webinars on specific topics



Advanced Trainings for Mental Health Providers

Ideal for Medical or Mental Health Providers Seeking to Specialize in Maternal Mental Health

<p>MASSACHUSETTS GENERAL HOSPITAL</p> <p>LEARN MORE</p>	<p>Psychiatric Disorders in Women: Diagnostic and Treatment Across the Female Lifespan</p> <ul style="list-style-type: none"> 6-week online CME course / \$445 	<p>Weekly Virtual Rounds / 1 hour</p> <ul style="list-style-type: none"> Wednesdays 2 pm ET / Free Live discussion of clinical cases
<p>LEARN MORE</p>	<p>Bringing Light Into Motherhood</p> <ul style="list-style-type: none"> 12-hour self-paced CEU course / \$495 	<p>Additional CEU / CME trainings</p> <ul style="list-style-type: none"> 2 hours each / \$40 per course Each course on a different topic
<p>LEARN MORE</p>	<p>Learning Modules (Classroom and Self-Study) / LINK</p> <ul style="list-style-type: none"> 12-hour Women's Health Across the Lifespan 28-hour Pregnancy and Postpartum 5-hour Essentials Mini-Curriculum 	<p>CME Credits Available For</p> <ul style="list-style-type: none"> Depressive Disorders Bipolar Disorders 5-hour essentials
<p>LEARN MORE</p>	<p>The Art of Holding Perinatal Women in Distress</p> <ul style="list-style-type: none"> 12-hour Live Virtual course / \$1,600 <p>Introduction to the Art of Holding</p> <ul style="list-style-type: none"> 6-hour Live Virtual course / \$600 	<p>Weekly Perinatal Mentoring / 1 hour</p> <ul style="list-style-type: none"> Wednesdays 11 am ET / \$40 per session Virtual roundtable discussions
<p>LEARN MORE</p>	<p>Intensive 8-hour Courses</p> <ul style="list-style-type: none"> Perinatal Mood & Anxiety Disorders / \$295 Perinatal Loss and Grief / \$395 2 course bundle / \$499 	<p>2-hour Courses</p> <ul style="list-style-type: none"> The Expectant Therapist / \$150 COVID-19, Trauma, Grief / \$99 Focus on Young Parents / \$99



www.postpartum.net

PSI is the world's leading organization in providing trainings in perinatal mental health. PSI hosts an annual conference and provides a variety of training opportunities, including a free introductory webinar, pre-recorded webinar series, trainings for frontline providers, and in-depth trainings for mental health providers.

Perinatal Mental Health Certification (PMH-C) Program

PSI provides the only Certification Program in Perinatal Mental Health, offering structured professional education and evaluation. Certification is available in three specialty areas: Perinatal Mental Health, Psychopharmacology, and Affiliated Professions.



Perinatal Mood and Anxiety Disorders: Components of Care

PSI's flagship 2-day Certificate of Completion Course is offered online and in-person.

Certificate Trainings

- Frontline Provider Trainings
- Advanced Psychotherapy Training
- Advanced Psychopharmacology Training
- Psychopharmacology in Perinatal Mental Health

Webinar Series

- Advisory Council Series
- Telemental Health Series
- Family and Community Support
- FREE Maternal Mental Health 101



POSTPARTUM Action INSTITUTE

PSI Founder Jane Honikman and Shoshanna Bennet, PhD host weekend workshops to practice skills in an interactive and intimate setting.

These organizations provide information about establishing and leading support groups



American Academy of Pediatrics



Screening, Technical Assistance, and Resource (STAR) Center

The STAR Center seeks to improve the health, wellness, and development of children through early childhood screening, counseling, referral, and follow-up for developmental milestones, perinatal depression, and social determinants of health.



Learning Modules

Women's Health Across the Lifespan
Pregnancy and Postpartum
5-Hour Essentials

CME Credits

Depressive Disorders
Bipolar Disorders
Essentials of Reproductive Psychiatry

NCRP is a partnership between the Marce Society of North America and the National Task Force on Women's Reproductive Mental Health.

NCRP is an interactive, web-based curriculum providing:

- Classroom materials for non-expert facilitators, which could be adopted by any residency program in any specialty
- Self-study materials for trainees or doctors in general practice.
- Rigorous CME assessments.